Published Online: 2025 May 19

## **Research Article**



# Chemical Composition, Antibacterial and Antioxidant Activity of Trachyspermum copticum, Cuminum cyminum and Heracleum persicum Essential Oils

Alireza Alvani<sup>1</sup>, Zeinab Mazarei (D<sup>1,\*</sup>, Babak Mokhtari (D<sup>1</sup>

<sup>1</sup> Department of Chemistry, Faculty of Sciences, Shahid Chamran University of Ahvaz, Ahvaz, Iran

Corresponding Author: Department of Chemistry, Faculty of Sciences, Shahid Chamran University of Ahvaz, Ahvaz, Iran. Email: z.mazarei@scu.ac.ir

Received: 3 April, 2025; Revised: 4 May, 2025; Accepted: 13 May, 2025

# Abstract

**Background:** Apiaceae, previously known as Umbelliferae, is one of the largest families of aromatic plants within the order Apiales. Species from this family are widely utilized for culinary, flavoring, and medicinal applications. *Trachyspermum copticum*, *Cuminum cyminum*, and *Heracleum persicum* are three fragrant plants belonging to this family that are regularly utilized by the Iranian population as spices or natural remedies for various ailments.

**Objectives:** This research analyzed the chemical constituents found in the essential oils of *T. copticum*, *C. cyminum*, and *H. persicum* and explored the antioxidant and antibacterial properties associated with these essential oils.

**Methods:** The essential oils from the plants were extracted through hydro-distillation, after which the compounds within the essential oils were identified using Gas Chromatography-Mass Spectrometry (GC-MS). The antioxidant properties were assessed through Diphenyl-1-picrylhydrazyl (DPPH) free radical scavenging, while the antibacterial effects were evaluated using a serial dilution method.

**Results:** The main constituents in the essential oils of *T. copticum*, *C. cyminum*, and *H. persicum* were identified as Thymol (56.20%), Cuminaldehyde (23.69%), and 2-ethylhexyl acetate (47.70%), respectively. The *T. copticum* essential oil possessed the highest antioxidant activity based on the DPPH free radical inactivation, and the results of the antibacterial activity assays revealed that *C. cyminum* and *T. copticum* essential oils demonstrated greater antibacterial efficacy compared to *H. persicum* essential oil.

**Conclusions:** The essential oils derived from *T. copticum* and *C. cyminum* exhibit significant antioxidant and antibacterial properties, making them valuable candidates for various applications, particularly in the food industries.

Keywords: Essential Oil, Trachyspermum copticum, Cuminum cyminum, Heracleum persicum

## 1. Background

The Apiaceae family, formerly known as Umbelliferae, is recognized as one of Iran's leading aromatic plant families, encompassing an impressive total of 121 genera and 360 species (1). Members of this family are characterized by distinct features, including their annual or perennial aromatic herbs, hollow stems, and inflorescences that can be either simple or compound umbels. The leaves are arranged alternately, and they produce non-growing fruits or seeds that contain oil ducts (2). This family is highly regarded for its fragrant, medicinal, and culinary contributions, including wellknown species such as *Foeniculum vulgare* (fennel), *Petroselinum crispum* (parsley), *Cuminum cyminum* (cumin), *Pimpinella anisum* (anise), *Apium graveolens* (celery), and *Coriandrum sativum* (coriander) (3). The essential oils derived from Apiaceae species are rich in biologically active metabolites, including monoterpene hydrocarbons, oxygenated and aromatic monoterpenes, sesquiterpene hydrocarbons, oxygenated sesquiterpenes, phenylpropanoids, and aliphatic compounds (4). The essential oil components are welldocumented for their diverse biological properties, such

Copyright © 2025, Alvani et al. This open-access article is available under the Creative Commons Attribution 4.0 (CC BY 4.0) International License (https://creativecommons.org/licenses/by/4.0/), which allows for unrestricted use, distribution, and reproduction in any medium, provided that the original work is properly cited.

How to Cite: Alvani A, Mazarei Z, Mokhtari B. Chemical Composition, Antibacterial and Antioxidant Activity of Trachyspermum copticum, Cuminum cyminum and Heracleum persicum Essential Oils. Jundishapur J Nat Pharm Prod. 2025; 20 (2): e161641. https://doi.org/10.5812/jjnpp-161641.

as antibacterial, antifungal, antioxidant, and antiviral effects, alongside a range of specific medicinal benefits.

Trachyspermum copticum, known in Persian as Zenyan, is an aromatic annual herbaceous plant with white flowers and small brownish fruits. This species is native to the Mediterranean region and Southwest Asian countries (5). The fruits of T. copticum are traditionally used in Iranian folk medicine as a carminative, diuretic, anti-fever, anti-spasm, antiemetic, and stomach tonic (6). It has been reported that the essential oil obtained from the fruits of T. copticum has shown potential in treating gastrointestinal ailments, lack of appetite, and bronchial problems (7). The antimicrobial, antifungal, and antioxidant activity, the cytotoxicity on tumor cells, and the induction of lymphocyte proliferation have been proven for T. copticum essential oil (7-10). The main constituent of the T. copticum essential oil is an aromatic monoterpenoid named Thymol, which is well known for its antioxidant and antibacterial properties (11).

Cuminum cyminum, known in Persian as Zireh Sabz, is an aromatic annual herb used as a spice for flavoring food. This species is native to Egypt, the Mediterranean, and South Asian countries (12). The fruits of C. cyminum are traditionally used in Iranian folk medicine for the treatment of gastrointestinal disorders, diabetes, and epilepsy (13, 14). It has been reported that the essential oil obtained from the fruits of C. cyminum possesses antioxidant, antidiabetic, anti-inflammatory, antibacterial. and anticancer effects (15). Cuminaldehyde, the main constituent of the C. cyminum essential oil, is well-known for its potent antibacterial activity (16).

*Heracleum persicum*, known in Persian as Golpar, is an aromatic perennial herb widely used in Persian food as a spice. This species is native to the Asian countries of Iran, Iraq, and Turkey (17). The fruits of *H. persicum* are traditionally used in Iranian folk medicine for the treatment of gastrointestinal, respiratory tract, urinary tract, and rheumatological disorders (17, 18). The antibacterial, anticancer, and antioxidant activities have been proven for *H. persicum* essential oil (18-20). It has been reported that the essential oil obtained from the fruits of *H. persicum* contains significant amounts of aliphatic esters and possesses antimicrobial and cytotoxic activity (20).

## 2. Objectives

Current understanding acknowledges that various environmental influences play a crucial role in shaping the secondary metabolites of medicinal plants, including phenolic, terpenoid, and alkaloid compounds, leading to both quantitative and qualitative modifications in their biosynthesis. This has resulted in a broad spectrum of phytochemical investigations on medicinal plants, potentially revealing instances where a plant synthesizes a specific natural compound or a considerable amount of therapeutically important phytochemicals. Accordingly, the present study aimed to (1) qualitatively and quantitatively analyze the chemical constituents present in the essential oils of *T. copticum, C. cyminum,* and *H. persicum,* native to Iran; and (2) evaluate the antioxidant and antimicrobial activities of the aforementioned essential oils.

## 3. Methods

#### 3.1. Materials

The fruits of *T. copticum*, *C. cyminum*, and *H. persicum* were purchased from local stores and identified by the Department of Biology, Shahid Chamran University of Ahvaz. 2,2'-Diphenyl-1-picrylhydrazyl radical (DPPH) was purchased from Sigma Chemical Co. Butylated hydroxytoluene (BHT) was purchased from Merck. All other chemicals and solvents (Dr. Mojallali Chemical Co.) were of analytical grade. The bacterial strains (*Escherichia coli* ATCC 25922, *Pseudomonas aeruginosa* ATCC 27853, *Staphylococcus aureus* ATCC 25923, and *Enterococcus faecalis* ATCC 49452) were purchased from the Pasteur Institute (Tehran, Iran). Mueller Hinton Broth (MHB) medium was purchased from Condalab Co.

#### 3.2. Isolation of the Essential Oils

The essential oils were extracted using the hydrodistillation method. Briefly, 100 g of dried fruits were ground and hydro-distilled for 3 hours using a Clevenger-type apparatus. The isolated essential oils were dried over anhydrous sodium sulfate, filtered, and stored in the refrigerator before further analyses.

#### 3.3. Gas Chromatography-Mass Spectrometry

The chemical constituents of the *T. copticum*, *C. cyminum*, and *H. persicum* essential oils were identified using a Gas Chromatography (GC) system (7890 A, Agilent Technologies, USA) coupled to a mass spectrometer (5975C VL MSD with Triple-Axis Detector, Agilent Technologies). The gas chromatography system had an Rtx-5 MS column (30 m × 0.25 mm × 0.25  $\mu$ m film thickness). The ionization energy was set to 70 eV, and helium gas with a flow rate of 1 mL/min was used as the mobile phase. The oven temperature was gradually increased from 40 to 270°C at a rate of 3°C/min. The

injection port and detector temperatures were maintained at 250°C and 230°C, respectively.

#### 3.4. Antioxidant Activity

The antioxidant activity of the *T. copticum*, *C. cyminum*, and *H. persicum* essential oils was assessed based on the scavenging of the DPPH free radical. A 0.5 mL sample of each essential oil at various concentrations was combined with 2 mL of a freshly prepared methanolic DPPH solution (100  $\mu$ M) and thoroughly shaken for 30 minutes at room temperature in a dark setting. The absorbance was subsequently measured at 517 nm using a spectrophotometer, and the percentage of DPPH free radical inhibition was calculated using the following formula (21):

# $\% \ of \ DPPH \ Free \ Radical \ Inhibition$

$$=rac{A0-A\ sample}{A0} imes 100$$

The percentage of DPPH free radical inhibition is determined where (A0) represents the absorbance of the control (blank) and (A sample) indicates the absorbance of the test compound. The compound concentration that achieved 50% inhibition ( $IC_{50}$ ) was derived from a plot of DPPH inhibition percentage versus sample concentration. All tests were performed in triplicate, with essential oils and DPPH dissolved in methanol. Butylated hydroxytoluene was utilized as the positive control.

#### 3.5. Antibacterial Activity

3.5.1. Minimum Inhibitory Concentration and Minimum Bactericidal Concentration

The antimicrobial properties of essential oils of T. copticum, C. cyminum, and H. persicum were assessed against E. coli ATCC 25922, P. aeruginosa ATCC 27853, S. aureus ATCC 25923, and E. faecalis ATCC 49452 using a serial dilution technique. Samples were serially diluted in MHB within 96-well plates, achieving a concentration range from 2 to 64 mg/mL. The final concentration of the microorganisms was set to  $5 \times 10^{6}$  CFU/mL. To determine the minimum inhibitory concentration (MIC) of the aforementioned essential oils, a 0.5% v/v Tween 80 solution was incorporated into the medium. The plates were incubated at 37°C for 24 hours, and the MIC values were identified as the lowest concentration at which no visible microbial growth was observed. The minimum bactericidal concentration (MBC) was established by incubating 100 µL of broth from wells showing no growth. The broth was then plated onto Mueller Hinton Agar (MHA) and incubated at 37°C for 24 hours. The MBC was the lowest concentration capable of killing 99.9% of the treated microorganisms (22).

# 4. Results

## 4.1. Composition of Essential Oils

The findings from qualitative and quantitative analyses of *T. copticum*, *C. cyminum*, and *H. persicum* essential oils are presented in Table 1. A total of 15 compounds were identified in the essential oil of *T. copticum*, representing 99.2% of the overall essential oil composition. In the case of *C. cyminum*, 43 compounds were identified, while *H. persicum* essential oil contained 69 compounds, accounting for 98.84% and 92.11% of their total essential oils, respectively. The main constituents of *T. copticum* essential oil were identified as Thymol (56.20%), o-Cymene (21.17%), and  $\gamma$ -Terpinene (16.66%) (Figure 1A). Consequently, these three monoterpenoids represent 94.03% of the overall composition of the *T. copticum* essential oil.

The main constituents of *C. cyminum* essential oil were identified as Cuminaldehyde (23.69%), 1-phenyl-1butanol (17.59%),  $\gamma$ -Terpinene (16.28%), and  $\beta$ -Pinene (13.06%) (Figure 1B). 1-Isopropylidene-3-n-butyl-2cyclobutene (11.53%) and p-Cymene (9.11%) were also identified as other major constituents of the *C. cyminum* essential oil.

The main constituents of *H. persicum* essential oil were identified as 2-ethylhexyl acetate (47.70%), vinyl cyclohexane (5.90%), hexyl-2-methyl butanoate (4.72%), octyl-2-methyl butyrate (3.69%), and 1-octanol (3.51%) (Figure 1C). Table 1 clearly indicates that *H. persicum* essential oil contains a significantly higher variety of chemical compounds compared to *T. copticum* and *C. cyminum* essential oils.

## 4.2. Antioxidant Activity

The results of the antioxidant activity of the *T.* copticum, *C.* cyminum, and *H.* persicum essential oils based on the DPPH free radical scavenging assay are represented in Figure 2. The IC<sub>50</sub> values indicate that while all three essential oils exhibit weaker antioxidant properties than BHT (as a positive control with an IC<sub>50</sub> value of 0.021 ± 0.001 mg/mL), *T.* copticum essential oil demonstrates a considerably lower IC<sub>50</sub> value, which indicates stronger antioxidant capabilities than both *C.* cyminum and *H.* persicum essential oils.

## 4.3. Antibacterial Activity



Figure 1. The main chemical constituents identified in the essential oil of: A, Trachyspermum copticum; B, Cuminum cyminum; C, Heracleum persicum.

The results of the antibacterial activity of the *T. copticum*, *C. cyminum*, and *H. persicum* essential oils against two gram-negative bacteria (*c* ATCC 25922, *P. aeruginosa* ATCC 27853) as well as two gram-positive bacteria (*S. aureus* ATCC 25923, and *E. faecalis* ATCC 49452) were assessed using a serial dilution method.

Table 2 illustrates that the essential oils exhibit antimicrobial properties against the bacteria examined. Notably, the antimicrobial efficacy of *C. cyminum* and *T. copticum* essential oils is significantly greater than that of *H. persicum* essential oil. Furthermore, it is apparent that gram-negative bacteria, particularly *P. aeruginosa*, exhibit a higher resistance to the essential oils examined, necessitating the use of significantly elevated concentrations of these essential oils to inhibit the growth of this bacterial strain.

# 5. Discussion

# 5.1. Composition of Essential Oils

The results obtained from the analysis of the chemical constituents of *T. copticum* essential oil are in accordance with several reports that highlight Thymol, o-Cymene, and γ-Terpinene as the principal constituents of *T. copticum* essential oil, with Thymol exhibiting the highest concentration among these three monoterpenoid compounds (23-26). In other words, the *T. copticum* essential oil can be considered a Thymol-rich essential oil. Reports indicate that Thymol can comprise up to 96.4% of the essential oil derived from this species (11).

The *C. cyminum* essential oil is made up mainly of Cuminaldehyde, which has been reported in many studies to account for up to 62.7% of the essential oil (27). In addition to Cuminaldehyde, the primary component of *C. cyminum* essential oil, notable constituents such as 1-phenyl-1-butanol,  $\gamma$ -Terpinene, and  $\beta$ -Pinene have also been identified as significant components of this essential oil (28-30). Identified in *C. cyminum* essential oil, 1-Isopropylidene-3-n-butyl-2-cyclobutene (11.53%) is an unusual compound that has been highlighted in other



Figure 2. Antioxidant activity of the A, Trachyspermum copticum; B, Cuminum cyminum; and C, Heracleum persicum essential oils based on the Diphenyl-1-picrylhydrazyl (DPPH) free radical scavenging method; Different letters at the top of the columns indicate statistical differences.

Table 2. Antibacterial Activity of the Trachyspermum copticum, Cuminum cyminum, and Heracleum persicum Essential Oils

Variables	$\mathrm{MIC}(\mathrm{\mathbf{mg.mL}^{1}})$				MBC (mg. mL <sup>-1</sup> )			
	Escherichia coli	Pseudomonas aeruginosa	Staphylococcus aureus	Enterococcus faecalis	Escherichia coli	Pseudomonas aeruginosa	Pseudomonas aeruginosa	Enterococcus faecalis
Trachyspermum copticum	32	32	8	8	32	32	16	16
Cuminum cyminum	8	64	4	4	8	64	8	64
Heracleum persicum	>64	>64	64	64	> 64	> 64	>64	>64

Abbreviations: MIC, minimum inhibitory concentration; MBC, minimum bactericidal concentration.

studies as a key component, making up to 17% of the total essential oil (31).

The essential oils of *T. copticum* and *C. cyminum* are primarily composed of terpenoid compounds, whereas most of the compounds found in *H. persicum* essential oil are aliphatic esters. According to several reports, the essential oil of *H. persicum* was found to contain significant amounts of 2-ethylhexyl acetate along with other specified aliphatic esters such as hexyl-2-methyl butanoate and octyl-2-methyl butyrate (32, 33). To the best of our knowledge, this study indicates one of the highest reported contents of 2-ethylhexyl acetate found in the essential oil of *H. persicum*.

## 5.2. Antioxidant Activity

Research into the antioxidant characteristics of essential oils indicated that T. copticum essential oil possesses markedly superior antioxidant properties compared to C. cyminum and H. persicum essential oils. The potent antioxidant characteristics of T. copticum essential oil can be attributed to the elevated Thymol content in this essential oil. The antioxidant capabilities of Thymol have been demonstrated in earlier studies through various assays, including DPPH and ABTS free radical scavenging tests. Additionally, essential oils derived from plants that contain substantial levels of Thymol as the main constituent have exhibited notable antioxidant effects (34, 35). Reports indicate that Thymol's antioxidant properties may inhibit proliferation in human cancer cell lines (36).

addition, it has been reported In that Cuminaldehyde, the main compound of C. cyminum essential oil, has weaker antioxidant properties than other components in the essential oil, such as y-Terpinene (37). Cuminaldehyde lacks the hydroxyl moiety present in Thymol that contributes to the antioxidant activity (38). Moreover, the presence of predominantly aliphatic esters in the *H. persicum* essential oil suggests that its antioxidant properties are likely less pronounced than T. copticum essential oil, which is rich in the antioxidant monoterpenoid, Thymol.

## 5.3. Antibacterial Activity

Extensive research has confirmed the antibacterial effects of *T. copticum* essential oil on multiple bacterial strains, such as *E. coli*, *S. enterica*, *S. aureus*, and B. subtilis, among others. It has been observed that *T. copticum* essential oil effectively inhibited *E. coli* growth and promoted the release of cell constituents, proteins, and potassium ions from the bacteria (10, 39).

Thorough investigations have demonstrated the antibacterial effects of *C. cyminum* essential oil against a range of bacterial strains, including *S. typhimurium, L. monocytogenes, S. aureus*, and *B. cereus*. Reports suggest that the antibacterial properties of essential oils are linked to the hydrophobicity of their components, which can penetrate the lipid bilayer of bacterial cell membranes, increasing permeability and leading to the release of critical cellular contents (27).

The discrepancy in the antibacterial activity of the tested essential oils can be attributed to the distinct chemical composition of *H. persicum* essential oil, which is primarily composed of aliphatic esters, leading to an anticipated variation in antibacterial effectiveness. The enhanced antibacterial activity observed in C. cyminum and T. copticum essential oils is likely due to the substantial presence of monoterpenoid compounds within these oils. The antibacterial properties of monoterpenoid components present in the essential oils of T. copticum and C. cyminum, such as Thymol (40, 41), y-Terpinene (42),  $\beta$ -Pinene (43, 44), and Cuminaldehyde (45-47), have been thoroughly examined in previous studies. The antibacterial properties of phenolic monoterpenoids, such as Thymol, are linked to their capacity to disrupt and depolarize the cytoplasmic membrane (48). Research indicates that the monoterpenoids  $\alpha$ -Pinene and  $\beta$ -Pinene can inhibit the formation of bacterial biofilms (43). Cuminaldehyde has also been observed to enhance the permeability of the S. aureus membrane, resulting in noticeable alterations in cell morphology (46).

The comprehensive analysis of the results indicates that gram-negative bacteria, particularly *P. aeruginosa*, exhibit lower sensitivity to essential oils compared to gram-positive bacteria. This reduced sensitivity is likely attributed to the more intricate membrane structure found in gram-negative bacteria.

#### 5.4. Conclusions

Essential oils obtained from Apiaceae species are rich in biologically active metabolites with several biological outstanding properties, including antibacterial, antifungal, antioxidant, and antiviral effects. This study highlighted the chemical compositions of the essential oils of three indigenous Iranian Apiaceae species, namely T. copticum, C. cyminum, and *H. persicum*, and their antioxidant and antibacterial properties. The essential oils' major components were Thymol for T. copticum, Cuminaldehyde for C. cyminum, and 2-ethylhexyl acetate for *H. persicum*. While both *T. copticum* and *C. cyminum* essential oils consist primarily of terpenoid compounds, the essential oil from H. persicum comprises aliphatic esters. The remarkable antioxidant and antibacterial properties of *T. copticum* and *C. cyminum* essential oils certainly recommend their future uses in many fields, particularly culinary applications.

## Acknowledgements

The authors gratefully acknowledge financial support from the Shahid Chamran University of Ahvaz (grant NO.: SCU.SC1402.61230).

## Footnotes

**Authors' Contribution:** A. A. performed the experiments and collected data; Z. M. contributed in conceptualization, project designing, and writing the original draft; B. M. supervised the research and contributed in conceptualization and editing the manuscript.

**Conflict of Interests Statement:** The authors declare no conflict of interest.

**Data Availability:** The dataset presented in the study is available on request from the corresponding author during submission or after publication.

**Funding/Support:** The present study received financial support from the Shahid Chamran University of Ahvaz (grant NO.: SCU.SC1402.61230).

#### References

- 1. Mozaffarian V. Umbelliferae. Publication Res Institute Forests Rangelands. 2007;**54**.
- Sayed-Ahmad B, Talou T, Saad Z, Hijazi A, Merah O. The Apiaceae: Ethnomedicinal family as source for industrial uses. *Industrial Crops* and Products. 2017;109:661-71. https://doi.org/10.1016/j.indcrop.2017.09.027.
- 3. Panahi M, Rezaee M, Jaimand K. A review of phytochemistry and phylogeny that aid bio-prospecting in the traditional medicinal plant genus Ferula L.(Apiaceae) in Iran. *J Med Plants By-products.* 2020;**9**(2):133-48.
- Spinozzi E, Maggi F, Bonacucina G, Pavela R, Boukouvala MC, Kavallieratos NG, et al. Apiaceae essential oils and their constituents as insecticides against mosquitoes—A review. *Industrial Crops and Products*. 2021;**171**. https://doi.org/10.1016/j.indcrop.2021.113892.
- Mahboubi M, Kazempour N. Chemical composition and antimicrobial activity of Satureja hortensis and Trachyspermum copticum essential oil. *Iranian J Microbiol.* 2011;3(4):194.
- Tashakori-Miyanroudi M, Sefidgarnia Amiri M, Alaedini Shourmasti A, Alaedini Shourmasti K. [The effects of Ajwain (Trachyspermum copticum L.) in Opioid Withdrawal Syndrome: A Narrative Review]. J Mazandaran Univ Med Sci. 2024;34(236):177-89. FA.
- 7. Vitali LA, Beghelli D, Biapa Nya PC, Bistoni O, Cappellacci L, Damiano S, et al. Diverse biological effects of the essential oil from Iranian Trachyspermum ammi. *Arabian J Chem.* 2016;**9**(6):775-86. https://doi.org/10.1016/j.arabjc.2015.06.002.
- Hassanshahian M, Bayat Z, Saeidi S, Shiri Y. Antimicrobial activity of Trachyspermum ammi essential oil against human bacterial. Int J Advanced Biol Biomed Res. 2014;2(1):24-18.
- Trinh LH, Takzare A, Ghafoor DD, Siddiqi AF, Ravali S, Shalbaf M, et al. Trachyspermum copticum essential oil incorporated niosome for cancer treatment. J Drug Delivery Sci Technol. 2019;52:818-24. https://doi.org/10.1016/j.jddst.2019.05.046.
- Dutta P, Sarma N, Saikia S, Gogoi R, Begum T, Lal M. Pharmacological Activity ofTrachyspermum ammiL. Seeds Essential Oil Grown from Northeast India. J Essential Oil Bearing Plants. 2022;24(6):1373-88. https://doi.org/10.1080/0972060x.2022.2028681.
- Modareskia M, Fattahi M, Mirjalili MH. Thymol screening, phenolic contents, antioxidant and antibacterial activities of Iranian populations of Trachyspermum ammi (L.) Sprague (Apiaceae). *Sci Rep.* 2022;**12**(1):15645. [PubMed ID: 36123425]. [PubMed Central ID: PMC9485261]. https://doi.org/10.1038/s41598-022-19594-7.
- Singh N, Yadav SS, Kumar S, Narashiman B. A review on traditional uses, phytochemistry, pharmacology, and clinical research of dietary spice Cuminum cyminum L. *Phytother Res.* 2021;**35**(9):5007-30. [PubMed ID: 33893678]. https://doi.org/10.1002/ptr.7133.
- Koohsari S, Sheikholeslami MA, Parvardeh S, Ghafghazi S, Samadi S, Poul YK, et al. Antinociceptive and antineuropathic effects of cuminaldehyde, the major constituent of Cuminum cyminum seeds: Possible mechanisms of action. *J Ethnopharmacol.* 2020;**255**:112786. [PubMed ID: 32222574]. https://doi.org/10.1016/j.jep.2020.112786.
- Gohari AR, Saeidnia S. A Review on Phytochemistry of Cuminum cyminum seeds and its Standards from Field to Market. *Pharmacognosy J.* 2011;3(25):1-5. https://doi.org/10.5530/pj.2011.25.1.
- 15. Ebada ME. Cuminaldehyde: A Potential Drug Candidate. *J Pharmacol Clin Res*. 2017;**2**(2). https://doi.org/10.19080/jpcr.2017.02.555585.
- 16. Wongkattiya N, Sanguansermsri P, Fraser IH, Sanguansermsri D. Antibacterial activity of cuminaldehyde on food-borne pathogens, the bioactive component of essential oil from Cuminum cyminum L.

collected in Thailand. *J Complement Integr Med*. 2019;**16**(4). [PubMed ID: 31129652]. https://doi.org/10.1515/jcim-2018-0195.

- Majidi Z, Sadati Lamardi SN. Phytochemistry and biological activities of Heracleum persicum: a review. J Integr Med. 2018;16(4):223-35. [PubMed ID: 29866612]. https://doi.org/10.1016/j.joim.2018.05.004.
- Bashlouei SG, Karimi E, Zareian M, Oskoueian E, Shakeri M. Heracleum persicum Essential Oil Nanoemulsion: A Nanocarrier System for the Delivery of Promising Anticancer and Antioxidant Bioactive Agents. *Antioxidants (Basel)*. 2022;11(5). [PubMed ID: 35624695]. [PubMed Central ID: PMC9138159]. https://doi.org/10.3390/antiox11050831.
- shariatifar N, Mostaghim T, Afshar A, Mohammadpourfard I, Sayadi M, Rezaei M. Antibacterial Properties of Essential Oil of Heracleum persicum (Golpar) and Foodborne Pathogens. *Int J Enteric Pathogens*. 2017;5(2):41-4. https://doi.org/10.15171/ijep.2017.10.
- Ghavam M. Heracleum persicum Desf. ex Fisch., C.A.Mey. & Ave-Lall. fruit essential oil: content, antimicrobial activity and cytotoxicity against ovarian cancer cell line. *BMC Complement Med Ther.* 2023;23(1):87. [PubMed ID: 36944973]. [PubMed Central ID: PMC10029216]. https://doi.org/10.1186/s12906-023-03892-2.
- 21. Salehi P, Sonboli A, Allahyari L. Antibacterial and Antioxidant Properties of the Essential Oil and Various Extracts ofNepeta ispahanicafrom Iran. *J Essential Oil Bearing Plants*. 2007;**10**(4):324-31. https://doi.org/10.1080/0972060x.2007.10643563.
- Moghimi R, Ghaderi L, Rafati H, Aliahmadi A, McClements DJ. Superior antibacterial activity of nanoemulsion of Thymus daenensis essential oil against E. coli. *Food Chem*. 2016;**194**:410-5. [PubMed ID: 26471573]. https://doi.org/10.1016/j.foodchem.2015.07.139.
- Subaharan K, Senthamarai Selvan P, Subramanya TM, Senthoorraja R, Manjunath S, Das T, et al. Ultrasound-assisted nanoemulsion of Trachyspermum ammi essential oil and its constituent thymol on toxicity and biochemical aspect of Aedes aegypti. *Environ Sci Pollut Res Int.* 2022;29(47):71326-37. [PubMed ID: 35595904]. https://doi.org/10.1007/s11356-022-20870-2.
- Sanei-Dehkordi A, Tagizadeh AM, Bahadori MB, Nikkhah E, Pirmohammadi M, Rahimi S, et al. Larvicidal potential of Trachyspermum ammi essential oil and Delphinium speciosum extract against malaria, dengue, and filariasis mosquito vectors. *Sci Rep.* 2024;14(1):20677. [PubMed ID: 39237741]. [PubMed Central ID: PMC11377549]. https://doi.org/10.1038/s41598-024-71829-x.
- Siyadatpanah A, Norouzi R, Mirzaei F, Haghirosadat BF, Nissapatorn V, Mitsuwan W, et al. Green synthesis of nano-liposomes containing Bunium persicum and Trachyspermum ammi essential oils against Trichomonasvaginalis. J Microbiol Immunol Infect. 2023;56(1):150-62. [PubMed ID: 35864068]. https://doi.org/10.1016/j.jmii.2022.06.006.
- Niaraki NJ, Jamshidi S, Fasaei BN, Joghataei SM. Antibacterial effects of chitosan-based hydrogels containing Trachyspermum ammi essential oil on pathogens isolated from dogs with otitis externa. *BMC Vet Res.* 2024;**20**(1):130. [PubMed ID: 38561827]. [PubMed Central ID: PMC10985873]. https://doi.org/10.1186/s12917-024-03971-7.
- 27. Hashemian N, Pirbalouti AG, Hashemi M, Golparvar A, Hamedi B. Diversity in chemical composition and antibacterial activity of essential oils of cumin ('Cuminum cyminum'L.) diverse from northeast of Iran. *Australian J Crop Sci.* 2013;7(11):1752-60.
- Haşimi N, Tolan V, Kızıl S, Kılınç E. Anason (Pimpinella anisum L.) ve Kimyon (Cuminum cyminum) Tohumlarının Uçucu Yağ İçeriği, Antimikrobiyal ve Antioksidan Özelliklerinin Belirlenmesi. *Tarım Bilimleri Dergisi*. 2014;20(1). https://doi.org/10.15832/tbd.99197.
- Bettaieb Rebey I, Jabri-Karoui I, Hamrouni-Sellami I, Bourgou S, Limam F, Marzouk B. Effect of drought on the biochemical composition and antioxidant activities of cumin (Cuminum cyminum L.) seeds. *Industrial Crops and Products*. 2012;**36**(1):238-45. https://doi.org/10.1016/j.indcrop.2011.09.013.

- Bettaieb I, Knioua S, Hamrouni I, Limam F, Marzouk B. Water-deficit impact on fatty acid and essential oil composition and antioxidant activities of cumin (Cuminum cyminum L.) aerial parts. J Agric Food Chem. 2011;59(1):328-34. [PubMed ID: 21141890]. https://doi.org/10.1021/jf1037618.
- Duman E, Demirc S, Özcan MM, Çelik B. Physicochemical properties, fatty acid and essential oil composition and antimicrobial effect of cumin (Cuminum cyminum L.) seed and essential oil. J Agroalimentary Processes Technol. 2018;24(2):89-96.
- Tirgir F, Hamedi B, Sedaghat L, Pirbalouti AG. Chemical composition and antioxidant activity of essential oils of three endemic medicinal plants of Iran. *Bangladesh J Botany*. 2014;**42**(2):327-32. https://doi.org/10.3329/bjb.v42i2.18038.
- Dini S, Singh S, Fatemi F, Aamer R. The Hepatoprotective Possessions of Specific Iranian Medicinal Plants. J Food Biochem. 2024;2024(1). https://doi.org/10.1155/2024/8783113.
- Aljabeili HS, Barakat H, Abdel-Rahman HA. Chemical Composition, Antibacterial and Antioxidant Activities of Thyme Essential Oil (*Thymus vulgaris*). Food Nutrition Sci. 2018;9(5):433-46. https://doi.org/10.4236/fns.2018.95034.
- Deng LL, Taxipalati M, Que F, Zhang H. Physical characterization and antioxidant activity of thymol solubilized Tween 80 micelles. *Sci Rep.* 2016;6:38160. [PubMed ID: 27905567]. [PubMed Central ID: PMC5131288]. https://doi.org/10.1038/srep38160.
- Islam MT, Khalipha ABR, Bagchi R, Mondal M, Smrity SZ, Uddin SJ, et al. Anticancer activity of thymol: A literature-based review and docking study with Emphasis on its anticancer mechanisms. *IUBMB Life*. 2019;**71**(1):9-19. [PubMed ID: 30308112]. https://doi.org/10.1002/iub.1935.
- Chen Q, Gan Z, Zhao J, Wang Y, Zhang S, Li J, et al. In vitro comparison of antioxidant capacity of cumin (Cuminum cyminum L.) oils and their main components. *LWT - Food Sci Technol.* 2014;55(2):632-7. https://doi.org/10.1016/j.lwt.2013.09.017.
- Javan AJ, Javan MJ. Electronic structure of some thymol derivatives correlated with the radical scavenging activity: theoretical study. *Food Chem.* 2014;165:451-9. [PubMed ID: 25038698]. https://doi.org/10.1016/j.foodchem.2014.05.073.
- Huang W, Wang JQ, Song HY, Zhang Q, Liu GF. Chemical analysis and in vitro antimicrobial effects and mechanism of action of Trachyspermum copticum essential oil against Escherichia coli. *Asian Pac J Trop Med.* 2017;10(7):663-9. [PubMed ID: 28870342]. https://doi.org/10.1016/j.apjtm.2017.07.006.

- Marchese A, Orhan IE, Daglia M, Barbieri R, Di Lorenzo A, Nabavi SF, et al. Antibacterial and antifungal activities of thymol: A brief review of the literature. *Food Chem.* 2016;210:402-14. [PubMed ID: 27211664]. https://doi.org/10.1016/j.foodchem.2016.04.111.
- Kachur K, Suntres Z. The antibacterial properties of phenolic isomers, carvacrol and thymol. *Crit Rev Food Sci Nutr.* 2020;**60**(18):3042-53. [PubMed ID: 31617738]. https://doi.org/10.1080/10408398.2019.1675585.
- Bagińska S, Golonko A, Świsłocka R, Lewandowski W. Monoterpenes as Medicinal Agents: Exploring the Pharmaceutical Potential of p-Cymene, p-Cymenee, and y-Terpinene. Acta Poloniae Pharmaceutica -Drug Res. 2024;80(6):879-92. https://doi.org/10.32383/appdr/178242.
- Rivas da Silva AC, Lopes PM, Barros de Azevedo MM, Costa DC, Alviano CS, Alviano DS. Biological activities of alpha-pinene and beta-pinene enantiomers. *Molecules*. 2012;17(6):6305-16. [PubMed ID: 22634841].
   [PubMed Central ID: PMC6268778]. https://doi.org/10.3390/molecules17066305.
- Salehi B, Upadhyay S, Erdogan Orhan I, Kumar Jugran A, L. D. Jayaweera S, A. Dias D, et al. Therapeutic Potential of alpha- and beta-Pinene: A Miracle Gift of Nature. *Biomol.* 2019;9(11). [PubMed ID: 31739596]. [PubMed Central ID: PMC6920849]. https://doi.org/10.3390/biom9110738.
- Monteiro-Neto V, de Souza CD, Gonzaga LF, da Silveira BC, Sousa NCF, Pontes JP, et al. Cuminaldehyde potentiates the antimicrobial actions of ciprofloxacin against Staphylococcus aureus and Escherichia coli. *PLoS One.* 2020;**15**(5). e0232987. [PubMed ID: 32407399]. [PubMed Central ID: PMC7224478]. https://doi.org/10.1371/journal.pone.0232987.
- 46. Li H, Zhang M, Addo KA, Yu Y, Xiao X. Action mode of cuminaldehyde against Staphylococcus aureus and its application in sauced beef. *Lwt*. 2022;**155**. https://doi.org/10.1016/j.lwt.2021.112924.
- Soliman SSM, Saeed BQ, Elseginy SA, Al-Marzooq F, Ahmady IM, El-Keblawy AA, et al. Critical discovery and synthesis of novel antibacterial and resistance-modifying agents inspired by plant phytochemical defense mechanisms. *Chem Biol Interact.* 2021;333:109318. [PubMed ID: 33186599]. https://doi.org/10.1016/j.cbi.2020.109318.
- Xu J, Zhou F, Ji BP, Pei RS, Xu N. The antibacterial mechanism of carvacrol and thymol against Escherichia coli. *Lett Appl Microbiol.* 2008;47(3):174-9. [PubMed ID: 19552781]. https://doi.org/10.1111/j.1472-765X.2008.02407.x.

ompound	Area (%)				
ompound	Trachyspermum copticum	Cuminum cyminum	Heracleum persicum		
Thujene	0.38	0.45			
Pinene	0.33	1.12	·		
amphene	•	0.03	•		
ropyl-2-methylbutanoate	· .	-	0.11		
oamyl propionate -Pinene	•	-	0.08		
	1.59	13.06	•		
lyrcene -Phellandrene	0.54 0.04	1.04 0.43	•		
Carene	0.06	0.06			
exyl acetate		-	0.67		
Terpinene	0.42	0.17			
Cymene	21.17	-	· ·		
Cymene	• •	9.11	-		
Phellandrene	0.55	-	•		
ucalyptol utyl 2-methylbutyrate	•	0.21	1.09		
Terpinene	- 16.66	16.28	1.09		
ans-Sabinene hydrate	-	0.06			
Octanol	•	-	3.51		
rpinolene	0.09	0.07	-		
binene hydrate	•	0.07	-		
nalool	·	0.05			
Methylbutyl 2-methylbutanoate	-	-	1.88		
Terpineol	·	0.04			
s-p-Menth-2-en-1-ol	•	0.05			
exyl isobutyrate erpinen-4-ol	· · · · ·	0.23	2.03		
Terpineol	0.08	0.23			
nymol methyl ether	-		0.12		
uminaldehyde		23.69			
exyl-2-methylbutanoate	•	-	4.72		
hymol	56.2	-	1.05		
arvacrol	1.05	-	0.61		
onylacetate	•	-	0.12		
ctyl isobutyrate	-	-	1.39		
odecanal wyophyllene	- -	0.15	0.16		
Bergamotene		0.08	-		
larene		0.06			
Farnesene		0.4			
ermacrene D	•		0.26		
Farnesene		0.07	-		
Himachalene		-	0.13		
Bisabolene	•	0.1	0.31		
Sesquiphellandrene ;}-y-Bisabolene	- -	0.03 0.02	0.39		
pathulenol		-	0.08		
aryophyllene oxide		0.05	-		
ridiflorol	-	-	0.2		
Z,6E)-Farnesol		-	0.34		
almitic acid	·	-	2.31		
eptyl acetate		-	0.19		
noleic acid		-	0.95		
Ethyl-2,6-xylenol illapiol	-	•	0.43		
illapiol imene	0.04	- 0.03			
opropylidenecyclohexane		0.08			
nocarvone		0.03			
nellandral		0.16			
Mentha-1,4-dien-7-ol	•	0.24	· ·		
oradiene	-	0.19	•		
erolidol	·	0.02			
arotol Phanyl t butanol	•	0.24	-		
Phenyl-1-butanol sopropylidene-3-n-butyl-2-cyclobutene		17.59	-		
sopropylidene-3-n-butyl-2-cyclobutene n-7-lsopropylbicyclo[2.2.1]heptan-2-one	· · ·	11.53			
8-Epoxyterpinolene	-	0.02			
2,3,4,5-Pentamethylcyclopentadiene		0.02			
Longipinene	•	0.02			
pprene	•	-	0.35		
Methyl-3-buten-2-ol		-	0.1		
ptane	•	•	0.05		
onane	•	•	0.05		
:)-2-Nonene obutyl 2-methylbutyrate	•	•	0.05		
obutyl 2-methylbutyrate Methylbutyl isobutyrate		-	1.84 0.51		
ityl isovalerate	•	- -	0.05		
Methylacetophenone		-	0.05		
Ethylhexyl acetate		-	47.07		
Jndecanol		-	0.09		
nuccanor					

Company d	Area (%)				
Compound	Trachyspermum copticum	Cuminum cyminum	Heracleum persicum		
(Z)-6-Decenyl acetate			0.11		
Decyl acetate		+ · · · ·	0.72		
Octyl 2-methylbutyrate		· · · · · · · · · · · · · · · · · · ·	3.69		
Cyclodecane		-	0.12		
Curcumene		· · · · · · · · · · · · · · · · · · ·	0.32		
Phenylethyl 2-methylbutyrate		-	0.13		
Zingiberene	•	- -	0.34		
Curlone		-	0.07		
Nonadecane	· ·	-	0.05		
(6Z,9Z)-6,9-Pentadecadien-1-ol		-	0.94		
Heptacosane	•	-	0.12		
Nonacosane		-	0.22		
Isobutyl butyrate			0.26		
Isobutyl isovalerate			0.06		
Hexyl propanoate		· · ·	0.49		
Methyl-4-(E)-Hexenyl Ether			0.08		
Vinylcyclohexane		· · · · · · · · · · · · · · · · · · ·	5.9		
cis-5-Octen-1-ol			0.99		
Pentanoic acid, 4-hexen-1-yl ester	· · ·	-	0.07		
Propanoic acid, 4-hexen-1-yl ester			0.21		
10-Dodecen-1-ol			0.17		
Octyl propionate	•	-	0.42		
9-Decen-1-ol		-	1.52		
Dicyclopentyl	÷	-	0.07		
2-aminomethylbutanoic acid	•	-	0.21		
4-Isopropenylcyclohexanone		-	0.14		
Gossonorol			0.1		
4-Methoxyphenyl pivalate			0.1		
Geranyl linalool		-	0.09		