



# Effect of Dexmedetomidine on Stress-Induced Changes in Hemodynamic and Left Ventricular Function in Coronary Artery Bypass Grafting Surgery: A Randomized Controlled Trial

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## Abstract

**Background:** Dexmedetomidine is a highly selective central adrenoceptor agonist with a short half-life, making it an ideal intravenous drug for blunting the stress response.

**Objectives:** The present study aimed to determine the effect of dexmedetomidine on left ventricular function and its ability to attenuate the hemodynamic response to skin incision, sternotomy, and the postoperative period in coronary artery bypass graft (CABG) surgery.

**Methods:** This randomized controlled clinical trial included 64 patients of both sexes who underwent elective CABG surgery. They were randomly assigned to two equal groups: Group D received a continuous infusion of dexmedetomidine (0.5 µg/kg/h) one hour before the induction of anesthesia until immediately before transfer to the intensive care unit (ICU), while group C received a continuous infusion of 0.9% saline at a rate of 10 mL/h.

**Results:** The heart rate (HR) and mean arterial blood pressure in group D exhibited significant differences starting 3 minutes following skin incision and continuing for 4 hours ( $P < 0.05$ ). Although they changed postoperatively, the pre- and post-bypass ejection fraction (EF) did not change significantly between the two groups. The need for inotropic support was significantly higher in group D. Additionally, the incidence of new-onset atrial fibrillation was significantly lower in group D. Conversely, both groups showed no significant differences in serum lactate levels, the incidence of bleeding and reopening, pacemaker usage, mechanical ventilation, ventricular fibrillation, and bradycardia.

**Conclusions:** Using a 0.5 µg/kg/h dexmedetomidine infusion as pretreatment is a secure and effective method for decreasing stress-induced reactions and improving hemodynamic stability, without any noticeable adverse effects.

**Keywords:** Dexmedetomidine, Stress, Hemodynamics, Left Ventricular Function, CABG

## 1. Background

During cardiac surgeries, the myocardium is highly vulnerable to damage due to numerous factors, leading to different levels of morbidity and mortality (1). The success of a cardiac surgical procedure may be hindered by sudden changes in hemodynamic response, such as arrhythmia, extreme fluctuations in arterial blood pressure and heart rate (HR), global ischemia during cross-clamping in already hypoxic and hypertrophied

cardiac muscles, inflammatory cascades developed during cardiopulmonary bypass (CPB), inefficiencies in surgery such as imperfect revascularization during coronary artery bypass graft (CABG), and reperfusion after the operation, which results in the reoxidation of cellular components and cellular necrosis (2). Even with a sufficient depth of anesthesia, CABG surgery involves a variety of painful and intense surgical stimuli that may trigger a stress response (3). Certain triggers, like laryngoscopy, tracheal intubation, skin incisions, and

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sternotomy, quickly elicit a sympathetic response, leading to an increase in arterial blood pressure and HR (4). Postoperative myocardial injuries are strongly associated with altered blood pressure and HR during cardiac surgery (5).

Dexmedetomidine is a highly selective, centrally acting adrenergic receptor agonist with a short half-life, rendering it a proper medication for intravenous administration to prevent stress responses (4). Dexmedetomidine functions as an anxiolytic, hypnotic, and analgesic agent. As a result, it assists in reducing the hemodynamic response to procedures like laryngoscopy and intubation, enhancing intraoperative hemodynamic stability, and intensifying the effects of general anesthesia. This leads to a reduction in the amount of anesthesia needed for both the induction and maintenance of anesthesia (6). Activation of  $\alpha_2$  adrenergic receptors promotes a central depression of sympathetic stimulation that leads to decreased arterial blood pressure and HR, as well as decreased reliance on opioids and more consistent hemodynamics during the initial stages of postoperative recovery (7). Dexmedetomidine also facilitates a safer recovery process and reduces the occurrence of respiratory depression (8).

## 2. Objectives

The present study aimed to investigate the impact of dexmedetomidine in reducing the hemodynamic response to skin incisions, sternotomy, and the postoperative duration following CABG, on preserving left ventricular function postoperatively while preventing excessive cardiac stunning.

## 3. Methods

This study was registered as a randomized controlled trial, encompassing 64 patients aged 30 to 60 years of both sexes undergoing elective CABG surgery. The research was conducted following approval from our institutional ethical committee, and written informed consent was obtained from all participants. Exclusion criteria included patients with dementia, significantly impaired ventricular function [ejection fraction (EF) < 40%], uncontrolled diabetes (HbA1c > 8 mg/dL), combined intervention (CABG with valve replacement), urgent surgery, renal impairment (serum creatinine  $\geq$  2 mg/dL or GFR  $\leq$  50 mL/min), hepatic impairment (child B or C as per Pugh classification), or off-pump CABG.

Patients were randomly allocated using a computer-generated program into two equal groups (allocation ratio 1:1): Group D received a continuous infusion of

dexmedetomidine (0.5  $\mu$ g/kg/h) starting one hour before the induction of anesthesia and continuing until immediately before transfer to the intensive care unit (ICU), and group C received 0.9% saline infusion at a continuous rate of 10 mL/h as a control group. The night before the surgical procedure, all patients were administered 0.5 mg of alprazolam orally. Subsequently, a pulse oximeter and five-lead electrocardiograms (ECGs) were affixed in the preparation room. Following the administration of local anesthetic, a 20G intra-arterial catheter for invasive blood pressure monitoring was inserted, arterial blood gas (ABG) was obtained on room air, and a triple lumen central venous catheter as well as a wide-bore intravenous cannula (16G) were inserted. All patients received intravenous midazolam for sedation, with a dosage ranging from 0.03 to 0.05 mg/kg. Furthermore, patients in group D were administered a dexmedetomidine infusion instead of a saline infusion, as was the case in the control group.

Following a one-hour period, patients were transferred to the operating room. General anesthesia was initiated using fentanyl (5 - 10  $\mu$ g/kg; dose-titrated), propofol (1 - 2 mg/kg; response-titrated), and rocuronium (1 mg/kg), leading to endotracheal intubation. Subsequently, the patients were maintained on oxygen/air (FiO<sub>2</sub>) (40% - 60%), 1.5 - 2.5 vol% end-tidal sevoflurane, and a rocuronium infusion (0.1 - 0.2 mg/kg). A nasopharyngeal temperature probe, transesophageal echocardiography (TEE), and an in-situ urine catheter were inserted. All myocardial preservation procedures were strictly followed during CPB, and a temperature ranging from 30°C to 32°C was maintained. Dexmedetomidine at a dosage of 0.5  $\mu$ g/kg/h was administered continuously to the study group one hour prior to the induction of anesthesia and was ceased immediately prior to patient transfer to the ICU. In the control group, patients received a continuous infusion of 0.9% saline at a rate of 10 mL/hr. Extubation was performed when patients were fully conscious and exhibited no indications of bleeding or arrhythmias.

The hemodynamic parameters, including MAP and HR, were assessed at T0 (prior to induction), T1 (three minutes after skin incision), T2 (three minutes after sternotomy), T3 (before commencing CPB), T4 (fifteen minutes after CPB discontinuation), T5 (immediately upon arrival in the ICU), and subsequently after four hours in the ICU. Bradycardia, defined as more than a 20% decrease from baseline HR, was managed with atropine 0.5 mg, and a decrease in MAP of < 20% of the baseline MAP was managed by vasopressors (noradrenaline infusion).

Lactic acid levels were measured in the ABG at various time points throughout the patient's perioperative care: At 0 (baseline), 1 (3 minutes after sternotomy), 2 (prior to weaning from CPB), 3 (15 minutes after CPB), 4 (before transfer to the ICU), 5 (immediately after transfer to the ICU), and finally, after 4 hours in the ICU. The evaluation of ventricular function pre- and post-bypass involved the use of TEE global systolic function EF in M mode to assess for any presence of wall motion abnormality or diastolic function. On the day of the operation, postoperative ventricular function was similarly assessed using transthoracic echocardiography (TTE) global systolic function EF by M mode, with consideration given to wall motion abnormality and diastolic function.

Total narcotics dosage, the maximum inotropic dosage support and mechanical assistance post-surgery, need for pacemaker insertion, instances of prolonged intubation (defined as intubation lasting longer than 24 hours), incidences of post-CPB bleeding and reoperation, occurrence of postoperative arrhythmias such as ventricular fibrillation and atrial fibrillation, length of stay in the ICU, and duration of hospitalization were also recorded. All data were recorded by a physician who was blinded to the drugs administered.

The primary outcome was to assess the impact of dexmedetomidine on mean arterial pressure (MAP) changes during the study period. Secondary outcomes included variations in HR, intraoperative and postoperative ventricular function, serum lactate levels in ABG, duration of stay in the ICU, and length of hospital stay. A sample size of at least 32 cases per group (64 cases) was calculated based on Hashemian et al. (9), who compared MAP and HR between intervention and control groups across 8 points in time and reported a large effect size ( $> 0.3$ ) within and between treatments. This achieved a power of 80% to determine an efficient size of 0.3 within (9 points of time) as well as between the two groups using repeated-measures ANOVA with an in-between factor with a level of significance of 0.05. A correlation of 0.5 was assumed between the repeated measures, and 20% excess cases were added to compensate for the potential dropout rate (10).

### 3.1. Statistical Analysis

Statistical analysis was performed using SPSS version 26 (IBM Inc., Chicago, IL, USA). The Shapiro-Wilk test and histograms were used to evaluate the normality of the data distribution. Quantitative variables were presented as mean and standard deviation (SD) and compared between the two groups using the unpaired Student's *t*-test. Qualitative variables were presented as frequency

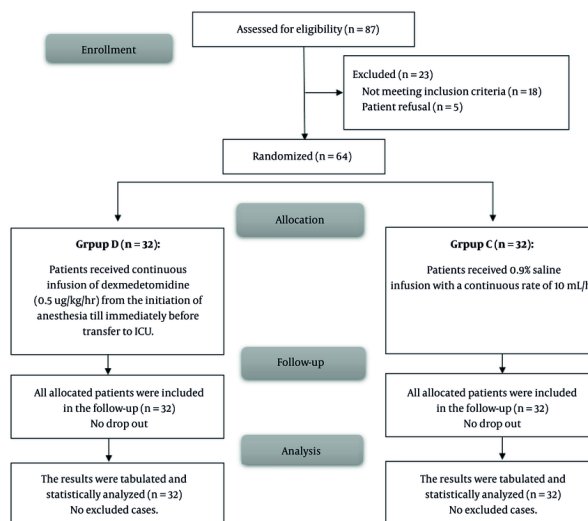
and percentage (%) and analyzed using the chi-square test or Fisher's exact test when appropriate. A two-tailed *P*-value  $< 0.05$  was considered statistically significant.

## 4. Results

Eighty-seven patients underwent initial evaluation for eligibility. Of these, 18 did not meet the inclusion criteria, and 5 declined to participate. The remaining patients were randomly allocated into two similar groups, with 32 patients each. Subsequently, all enrolled patients were subjected to follow-up and underwent statistical analysis (Figure 1). Age, sex, weight, height, BMI, duration of surgery, and duration of CPB were comparable (Table 1). The HR and MAP exhibited insignificant differences at T0 between both groups but showed significant differences at T1, T2, T3, T4, T5, and after 4 hours in the ICU ( $P < 0.05$ ). Over time, there were no significant differences in lactate concentration between the groups (Tables 2, 3, and 4; Figure 2). Although EF was significantly different postoperatively ( $P = 0.043$ ), it was not significantly different pre- and post-bypass. The incidence of bleeding and reopening was comparable (Table 5). The dosage of inotropes was significantly higher in group D ( $121.5 \pm 41.9$ ) compared to group C ( $97.18 \pm 24.29$ ) ( $P < 0.003$ ). There was a moderate negative correlation between the EF and the maximum dose of inotropes, with a strong negative correlation in group D and a weak negative correlation in group C (Figure 3A, B, and C). The total dose of narcotics was significantly lower in group D ( $285 \pm 44.9$ ) compared to group C ( $361.88 \pm 60.4$ ) ( $P < 0.001$ ). In comparing the two groups, it was observed that while there were no significant differences in mechanical ventilation, pacemaker use (Table 6), ventricular fibrillation, or bradycardia, there was a marked decrease in atrial fibrillation incidence in group D (6.25%) compared to group C (25%) ( $P = 0.04$ ) (Figure 4). The length of ICU stay and hospital stay were significantly shorter in group D ( $P = 0.0209$  and  $P = 0.0006$ , respectively) (Table 7).

## 5. Discussion

Dexmedetomidine is a selective  $\alpha_2$ -adrenoceptor agonist widely used as a sedative and analgesic agent in the ICU, as well as an anesthetic adjunct therapy (11). During CPB surgery, dexmedetomidine maintains hemodynamic stability (12). It also reduces the stress response resulting from intubation and surgeries. Owing to its sympatholytic properties, it might reduce  $O_2$  consumption by the heart and decrease the HR (13). According to our findings, group D experienced significantly lower HR and MAP at T1, T2, T3, T4, T5, and after 4 hours in the ICU. This may be due to the central



**Figure 1.** CONSORT flowchart of the included patients

**Table 1.** Patient Characteristics, Duration of Operation and Duration of Cardiopulmonary Bypass <sup>a,b</sup>

Variables	Group D (n = 32)	Group C (n = 32)	P-Value
Age (y)	48.78 ± 14.82	49.75 ± 15.91	0.802
Sex			0.424
Male	23 (71.88)	20 (62.5)	
Female	9 (28.13)	12 (37.5)	
Weight (kg)	71.25 ± 11.22	72.38 ± 12.08	0.701
Height (m)	1.66 ± 0.08	1.68 ± 0.08	0.216
BMI (kg/m <sup>2</sup> )	26.07 ± 4.95	25.62 ± 4.67	0.712
Duration of surgery (h)	4.69 ± 1.71	4.88 ± 1.41	0.634
Duration of CPB (min)	62.56 ± 22.14	63.81 ± 22.34	0.823

Abbreviations: BMI, Body Mass Index; CPB, cardiopulmonary bypass.

<sup>a</sup> Values are expressed as No. (%) or mean ± SD.

<sup>b</sup> Age, sex, weight, height, BMI, duration of surgery and duration of CPB were insignificantly different between both groups.

inhibitory effect of dexmedetomidine on sympathetic discharge, which decreases the sympathetic tone peripherally in addition to vagal stimulation, leading to a decrease in HR and MAP, which in turn leads to a decrease in myocardial O<sub>2</sub> requirements and cardiac afterload, providing cardiac protection, particularly in patients with stenosed coronaries (14).

Significant neuroendocrine reactions are triggered by laryngoscopy and endotracheal intubation, increasing the risk of perioperative ischemia and myocardial infarction (MI). Therefore, when dexmedetomidine is administered preoperatively as a

sympatholytic anesthetic adjuvant, it may decrease the stress response and help preserve cardiac perfusion. Dexmedetomidine stabilizes hemodynamic fluctuations during the operation and recovery period by modifying the stress-induced sympathoadrenal reaction to intubation, thus achieving good outcomes. In line with this, a study by Sulaiman et al. (15) reported that dexmedetomidine infusion during surgery reduced the hemodynamic and neuroendocrine responses to trauma caused by surgery and CPB. Consistent with our findings, Kamal et al. (16) concluded that dexmedetomidine significantly reduced the

**Table 2.** Heart Rate (beats/min) of the Studied Groups<sup>a</sup>

Variables <sup>b</sup>	Group D (n = 32)	Group C (n = 32)	P-Value
T0	72.72 ± 11.69	74.25 ± 9.37	0.565
T1	69.31 ± 12.16	75.72 ± 9.42	0.022 <sup>c</sup>
T2	66.75 ± 12.34	75.16 ± 9.72	0.004 <sup>c</sup>
T3	65.13 ± 12.27	74.78 ± 9.93	0.001 <sup>c</sup>
T4	63.00 ± 11.41	76.78 ± 10.82	< 0.001 <sup>c</sup>
T5	69.56 ± 11.82	75.19 ± 9.33	0.039 <sup>c</sup>
After 4 hours at the ICU	71.38 ± 11.28	77.50 ± 9.17	0.020 <sup>c</sup>

Abbreviation: ICU, intensive care unit.

<sup>a</sup> Values are expressed as mean ± SD.

<sup>b</sup> T0, before induction; T1, 3 minutes following skin incision; T2, 3 minutes following sternotomy; T3, before going on CPB; T4, 15 minutes after weaning from CPB; T5, immediately after transfer to ICU.

<sup>c</sup> A P-value ≤ 0.05 is considered statistically significant.

**Table 3.** Mean Arterial Blood Pressure (mmHg) of the Studied Groups<sup>a</sup>

Variables <sup>b</sup>	Group D (n = 32)	Group C (n = 32)	P-Value
T0	96.56 ± 18.82	91.81 ± 16.68	0.289
T1	85.78 ± 16.59	94.94 ± 18.86	0.043 <sup>c</sup>
T2	87.28 ± 19.36	98.09 ± 17.46	0.022 <sup>c</sup>
T3	87.66 ± 19.35	97.09 ± 16.55	0.040 <sup>c</sup>
T4	86.53 ± 18.93	101.84 ± 16.58	0.001 <sup>c</sup>
T5	88.47 ± 18.67	98.72 ± 16.54	0.023 <sup>c</sup>
After 4 hours at the ICU	91.22 ± 18.62	100.94 ± 16.79	0.032 <sup>c</sup>

Abbreviation: ICU, intensive care unit.

<sup>a</sup> Values are expressed as mean ± SD.

<sup>b</sup> T0, before induction; T1, 3 minutes following skin incision; T2, 3 minutes following sternotomy; T3, before going on CPB; T4, 15 minutes after weaning from CPB; T5, immediately after transfer to ICU.

<sup>c</sup> A P-value ≤ 0.05 is considered statistically significant.

**Table 4.** Lactate (mmol/L) of the Studied Groups<sup>a</sup>

Variables <sup>b</sup>	Group D (n = 32)	Group C (n = 32)	P-Value <sup>c</sup>
T0	0.85 ± 0.31	0.88 ± 0.22	0.711
T1	0.93 ± 0.31	1.03 ± 0.21	0.102
T2	1.68 ± 0.35	1.83 ± 0.35	0.092
T3	2.4 ± 0.36	2.53 ± 0.31	0.133
T4	2.75 ± 0.36	2.76 ± 0.33	0.971
T5	2.62 ± 0.36	2.72 ± 0.20	0.190
After 4 hours at the ICU	2.38 ± 0.29	2.47 ± 0.30	0.237

Abbreviation: ICU, intensive care unit.

<sup>a</sup> Values are expressed as mean ± SD.

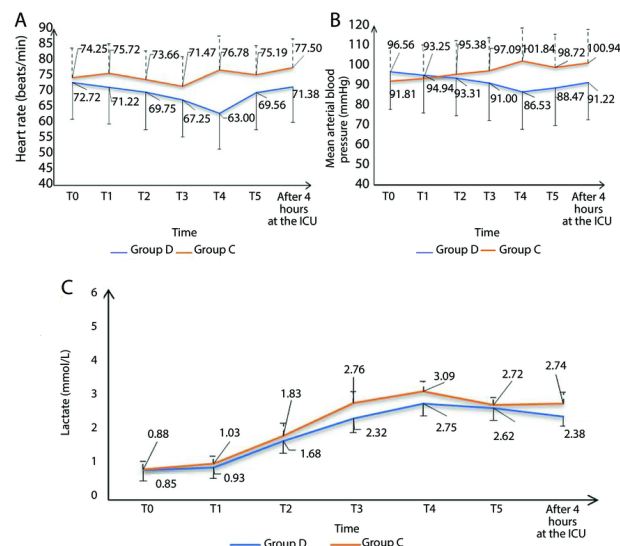
<sup>b</sup> T0, before induction; T1, 3 minutes following skin incision; T2, 3 minutes following sternotomy; T3, before going on CPB; T4, 15 minutes after weaning from CPB; T5, immediately after transfer to ICU.

<sup>c</sup> A P-value ≤ 0.05 is considered statistically significant.

vasoconstriction response to severe surgical stimuli and intubation. Hashemian et al. (9) also showed that dexmedetomidine stabilized ABP and HR during the CPB

pump and in the ICU postoperative period. Dexmedetomidine has two effects: It reduces the ABP response to surgical stress and minimizes the rise in ABP





**Figure 2.** A, heart rate (HR); B, mean arterial pressure (MAP) and C, lactate of the studied groups

**Table 5.** Ejection Fraction (%) of the Studied Groups<sup>a</sup>

Variables	Group D (n = 32)	Group C (n = 32)	P-Value
Pre bypass	56.94 ± 9.3	54.41 ± 9.6	0.289
Post bypass	60.22 ± 9.1	58.38 ± 9.8	0.440
Post-surgery	59.06 ± 7.4	54.84 ± 8.9	0.043 <sup>b</sup>

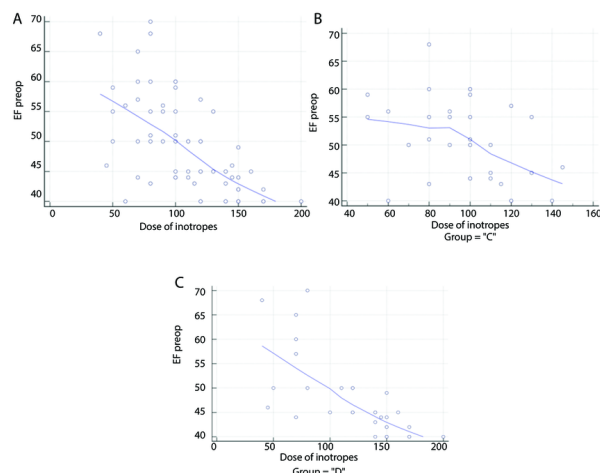
<sup>a</sup> Values are expressed as mean ± SD.

<sup>b</sup> A P-value ≤ 0.05 is considered statistically significant.

and HR following CPB and in the postoperative ICU. However, according to Farsad et al. (17), no significant variation was detected in the hemodynamic values, including HR, MAP, and CVP.

We observed a significant decrease in the total narcotic dosage in group D compared to the control group C. This finding aligns with the results of Gumus (18), who noted that the concurrent use of dexmedetomidine and narcotics can reduce opioid doses during anesthesia induction while also leading to more stable hemodynamic parameters, particularly systolic arterial pressure, in patients undergoing coronary artery bypass grafting. As a result, the incidence of hypertension and fluctuations in arterial pressure may be minimized postoperatively, allowing for more rapid weaning of patients from the ventilator.

In the current study, both groups' EFs were comparable before and after bypass. However, it was significantly greater on the first postoperative day in group D. Our study's rationale was that dexmedetomidine reduces the workload on the myocardium, decreasing the incidence of postoperative stunning. Supporting our results, Sulaiman et al. (15) reported that postoperative EF was significantly greater in the dexmedetomidine group than in the control group of CABG patients. In our study, there was no significant difference in lactate concentration over time between the two groups. Similarly, Kamal et al. (16) and Farsad et al. (17) revealed that the levels of lactate and other biochemical parameters were similar in CABG patients in both groups. This highlights that although MAP and HR were significantly lower at some points in group D, they did not affect body perfusion, as lactate was not affected in parallel.



**Figure 3.** Correlation curves between dosage of inotropes and ejection fraction % (EF%). A, moderate negative correlation between dosage of inotropes and EF% among the 2 groups; B, weak negative correlation between dosage of inotropes and EF% among group C; C, strong negative correlation between dosage of inotropes and EF% among group D.

**Table 6.** Dose of Inotropes, Dose of Narcotics, Pacemaker and Mechanical Ventilation of the Studied Groups <sup>a</sup>

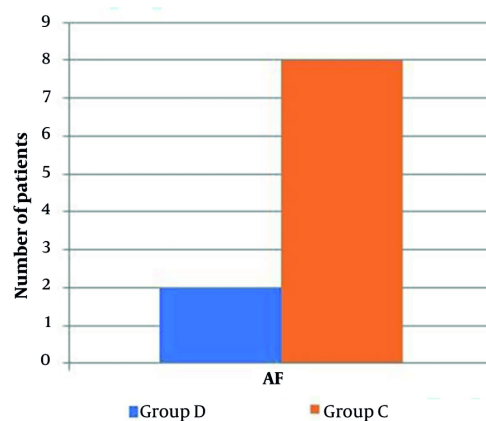
Variables	Group D (n = 32)	Group C (n = 32)	P-Value
Dose of inotropes (mic/min)	6412.5 ± 1010.25 (5040 - 7830)	4342.5 ± 724.78 (3120 - 5520)	< 0.001 <sup>b</sup>
Dose of narcotics (mic)	285 ± 44.9 (224 - 348)	361.88 ± 60.4 (260 - 460)	< 0.001 <sup>b</sup>
Need for pacemaker; No. (%)			0.554
Yes	1 (3.13)	2 (6.25)	
No	31 (96.88)	30 (93.75)	
Mechanical ventilation (h)	25.31 ± 22.54 (4 - 110)	30.63 ± 24.42 (10 - 122)	0.369

<sup>a</sup> Values are expressed as mean ± SD (range) unless otherwise indicated.

<sup>b</sup> A P-value ≤ 0.05 is considered statistically significant.

In addition to detecting variations in the need for inotropic support, our study revealed a negative correlation between the patients' EF% and inotrope dosage. Greater doses of inotropic support were needed for patients with lower EF%. Whereas the control group showed a lesser negative correlation, group D showed a stronger negative correlation, making this correlation especially noticeable. These findings can be explained by the ability of dexmedetomidine to reduce cardiac output by inhibiting HR acceleration while preserving myocardial contractility and stroke volume. As a result, patients with lower EF% were more significantly impacted by the increased dosages of inotropic support. However, they remained weanable, as this adjustment did not adversely affect patient perfusion or lactate levels.

Multiple previous studies suggest that perioperative use of dexmedetomidine may result in a decreased risk of adverse cardiac events, including myocardial ischemia. Alpha-adrenoreceptor stimulation can beneficially modulate coronary blood flow during myocardial ischemia by preventing transmural redistribution of blood flow away from the ischemic endocardium, through specific epicardial vasoconstrictive effects, leading to improvement in endocardial perfusion (the reverse steal effect), and by decreasing HR. This property, along with hemodynamic stability and attenuation of intubation response, makes dexmedetomidine an ideal anesthetic adjuvant, particularly for patients undergoing coronary bypass grafting (19, 20).



**Figure 4.** Incidence of AF in the studied group

**Table 7.** Length of Intensive Care Unit Stay, and Length of Hospital Stay in the Studied Groups

Variables	Group D			Group C			P-Value <sup>a</sup>
	Range	Median	IQR	Range	Median	IQR	
Length of ICU stay	1 - 3	2	1 - 2	1 - 3	2	2 - 3	0.0209 <sup>b</sup>
Length of hospital stay	6 - 10	7.5	7 - 8	7 - 11	9	8 - 10	0.0006 <sup>b</sup>

Abbreviation: ICU, intensive care unit.

<sup>a</sup> Mann-Whitney test.

<sup>b</sup> A P-value  $\leq 0.05$  is considered statistically significant.

According to the current study, there was no statistically significant difference in the need for mechanical ventilation or pacemaker use between the dexmedetomidine and control groups. In contrast to our results, Hu et al. (21) found that dexmedetomidine significantly reduced the time required for mechanical ventilation (18 vs 21 hours). Their results, however, were comparable to ours in terms of the length of stay in the ICU (51 vs 59 hours). This disparity may be explained by the different comparative groups and different sample sizes. Our findings revealed no statistically significant differences in arrhythmia, VF, or bradycardia between both groups. However, the incidence of AF significantly decreased in the dexmedetomidine group. Consistent with our results, Youssef et al. (22) reported no significant differences between the studied groups regarding adverse events, as none of the included patients suffered bradycardia or hypotension, while Liu et al. (23) reported that dexmedetomidine decreased the incidence of novel-onset AF and reduced the duration of ICU stay.

### 5.1. Limitations

One of the limitations of this study is that it was conducted at a single cardiac surgery center. Moreover, neither pain scores nor plasma norepinephrine levels were measured. Postoperative sedation and extubation reactions were not studied. Additionally, the present study did not examine the QT interval or blood levels of catecholamines, which are more objective ways to assess hemodynamic response to stress and may be used in future studies.

We recommend future studies to conduct the research across multiple cardiac surgery centers to increase the generalizability of the findings. Incorporating standardized pain scoring systems to evaluate postoperative pain levels, which is a significant stressor that influences hemodynamic responses, is also advised. Moreover, measuring plasma norepinephrine levels may provide an objective measure of the body's stress response. Additionally, measuring the QT interval to assess cardiac repolarization and its relationship to



hemodynamic stress may help future studies build on the current findings and contribute to a deeper understanding of hemodynamic stress responses in cardiac surgery patients.

## Footnotes

**Authors' Contribution:** M. N. E. and R. M. H.: Study concept and design; M. M.: Acquisition of data; M. A. T. and W. A.: Analysis and interpretation of data; M. A. T, W. A., and R. M.: Drafting of the manuscript; M. A. T., W. A., and R. M.: Critical revision of the manuscript for important intellectual content; M. A. G. and M. M.: Statistical analysis; M. N. E. and M. A. G.: Administrative, technical, and material support; M. N. E., R. M., W. A., and M. A. T.: Study supervision.

**Clinical Trial Registration Code:** NCT05778305.

**Conflict of Interests Statement:** The authors declare no conflict of interest.

**Data Availability:** The dataset presented in the study is available on request from the corresponding author during submission or after publication. Due to institutional regulation, the data are not publicly available.

**Ethical Approval:** FMASU MD 283/2022.

**Funding/Support:** The present study received no funding/support.

**Informed Consent:** Written informed consent was obtained from all participants.

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